## **Clearing the Brain - BDNF**

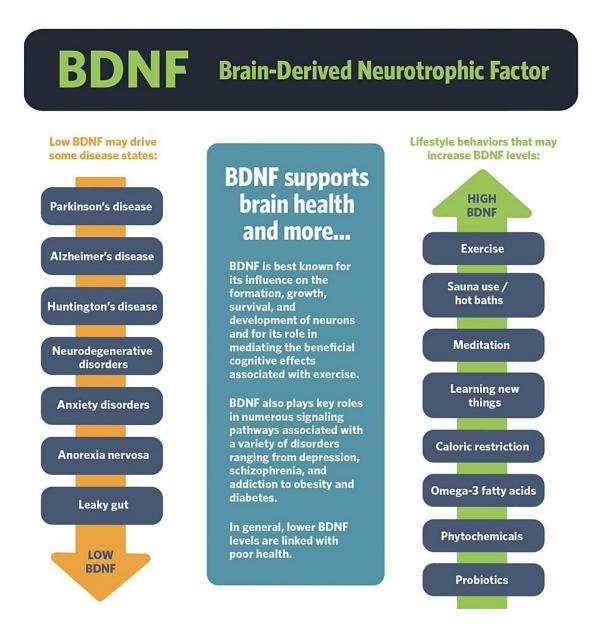
## From The Doctors Opinion, Alcoholics Anonymous, the AA Big Book

.....the body of the alcoholic is quite as abnormal as his mind.

But we are sure that our bodies were sickened as well. In our belief, any picture of the alcoholic which leaves out this physical factor is incomplete. Doctors Opinion p xxv

.... we favor hospitalisation for the alcoholic who is very jittery or befogged. More often than not, it is <u>imperative that a man's brain be cleared</u> before he is approached, as he has then a better chance of understanding and accepting what we have to offer. Doctors Opinion pp xxv-xxvi

Of course an alcoholic ought to be freed from his physical craving for liquor, and this <u>often requires a</u> <u>definite hospital procedure</u>, before psychological measures can be of maximum benefit. Doctors Opinion p xxvii



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